

OVERSEAS EMPLOYMENT PROCESS (THROUGH OEPS)

You can contact the Migrant Resource Centre at each step of your migration process – if you need help with your contract, visa or OEP costs, next steps or pre-departure preparation

Abroad- who can I contact if I need help: CWA's in Pakistani Embassies

Pre

Return to Pakistan - these are the support mechanisms: Facilitation and reintegration centre (FRC-OPF)

Departure Insurance coverage of PKR 1 million in

The pre-departure training will prepare you for the following: Gives you an idea on do's and don'ts in the destination country, an overview about the cultural and social norms, your rights and responsibilities as a migrant

Govt. Fee Structure

Registration fee: PKR 2500 OPF registration fee: PKR 2000 OEC migration improvement fee: PKR 200

Insurance fee: PKR 25000

DUE INSU

of accidental coverage

case of death and up to PKR 0.45 million

Visa

Protectorate Process

Job title, salary, working terms and conditions Visa cost depends on the country – top 5: there is no exact cost, and it varies from country to country and depends on the nature of the job

Medical Test

Documentation

OEP Verification

Gulf Approved Medical Centre Association (GAMCA

FSA

These are the documents you need: (Passport, Identity document, Skill certificate and educational documents) Verify your employment promoter through https://beoe.gov.pk/performanc e-of-oeps

Contact MRC for Information

Job Search for GCC

OEC.

OEP

Planning

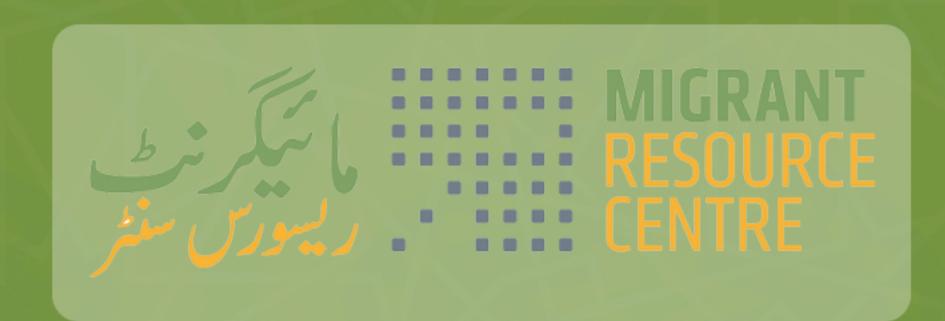
Direct Employment

SONIEBIUGNOJUL

News paper Add

HOTE BULUO SHEDDIN

- Get in-depth information on legal labour migration from Pakistan
- Get a tailor made counselling session on which labour migration option is right for you
- Get a step-by-step plan on your migration process and how to avoid exploitation or fraud



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FOR MORE INFORMATION CONTACT THE MIGRANT RESOURCE CENTRES

ALL SERVICES ARE PROVIDED FREE OF COST

Hotline Number: 0304 111 2 123

Islamabad:

Mezzanine Floor, Shaheed-e-Millat Secretariat, Blue Area, Islamabad.



Skype: mrcislamabad



Working hours: 9AM - 5PM (Mon- Fri)

Lahore:



Industrial Relations
Institute, Adjacent to
Rescue 1122,Near Chandni
Chowk, Town Ship, Lahore.



Skype: mrc.lahore



Email: help@mrc.org.pk

www.mrc.org.pk

These centres have been established with the support of:

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Under the Auspices of



IMPROVING MIGRATION ::::::

MANAGEMENT IN THE SILK ROUTES :-::::





